

COMPLETE - BIO INFORMATION

Maria T. Lymberis, M.D.

I am Greek born and US educated. I came to the US as a foreign student to attend Rutgers University, Douglass College and graduated with a BA in Philosophy and Pre-med. In 1964, I graduated from USC School of Medicine. I completed a one-year medical Internship at Mount Sinai Hospital in Los Angeles, CA, followed by a year of Neurology Residency at Mount Sinai Hospital in New York City. I completed my psychiatric residency at Albert Einstein Bronx Municipal Hospital in New York City in 1968. I completed my Child and Adolescent Psychiatric Fellowship from UCLA NPI in 1970. I was trained in adult and child psychoanalysis and graduated from the Los Angeles Psychoanalytic Institute in 1978.

Since the 1970s I have been involved in psychiatric education. I am a Clinical Professor of Psychiatry at UCLA teaching psychiatric residents, child psychiatry and forensic fellows since 1970. In addition, I was Senior Faculty and taught from 1978-2000, psychoanalysis at the Los Angeles Psychoanalytic Institute. From 1978 to 2008, I taught at the Graduate Center for Child Development and Psychotherapy as Senior faculty. I also served as a member of the Board until the program became part of Reiss Davis/Vista Del Mar in 2008. In addition, I have been teaching psychiatric and medical ethics in a variety of settings: countless medical organizations, hospitals, teaching institutions and professional organization meetings, both in the US and abroad. In addition to ethics, my teaching and lecturing focuses specifically on psychological development, psychic trauma, the impact of divorce on children and adolescents, the treatment of depression with combined pharmacotherapy and psychotherapy (especially in women, children & adolescents) as well as in dynamic psychotherapy (individual, family and children/adolescents) and physician wellness. For a complete listing of my teaching and publications see my attached CV.

Since the 1970's I have been involved in numerous positions of leadership in various medical, psychiatric as well as other mental health organizations (see my CV). I have chaired numerous committees, both locally and nationally. I have held many elected offices (both locally and nationally) including President of Southern California Psychiatric Society (SCPS), Trustee at Large of the American Psychiatric Association (APA) and Treasurer of the APA, to just mention the pertinent ones. I chaired the Investment Oversight Committee of the APA, the APA Elections Committee from 2006-2008 and served as a consultant to the Council on Global Psychiatry of the APA till 2009. I have also served in several other medical, psychiatric and mental health professional organizations. Among these are Los Angeles Psychoanalytic Society & Institute, the American Academy of Psychiatry and the Law, the Los Angeles County Medical Association and the California Medical Association. Currently, I am a Delegate from LACMA to the CMA & an Alternate Delegate from CMA to the AMA House of Delegates.

I am the Founder and President of the SCPS sponsored Psychiatric Education & Research Foundation, (PER), www.perfoundation.org. The PER Foundation was established in January 1990 as a 501(c)(3) charitable foundation. Its mission is "To build bridges of understanding between psychiatry and the general public through public education, research and community outreach."

In 1999 I founded the Hellenic American Psychiatric Association, HAPA, www.hellenic-psych.org. to fulfill an urgent need to provide a PROFESSIONAL HOME for Hellenic psychiatrists in the USA and in the GREEK DIASPORA and promote psychiatric educational exchanges.. I served as its first President 1999-2001 and have been the Acting Executive Director of HAPA since 2001.

In addition, I have served as Chair of the APA Ethics Subcommittee on the Education of Psychiatrists on Ethical Issues in the 1990s and as a member in the Ethics Committee of several other medical, psychiatric and mental health professional organizations. Among these are Los Angeles Psychoanalytic Society & Institute, the American Academy of Psychiatry and the Law, the Los Angeles County Medical Association and the California Medical Association. I served in the California Senate Task Force on Psychotherapist

Dr. Maria T Lymberis MD – 1500 Montana Ave #201, Santa Monica, CA 90403

310-451-3152 – www.lymberis.com

Patient Sexual involvement in 1987 representing the psychiatric profession. I have been lecturing since the 1980s on Medical Ethics with special emphasis on Sexual Harassment & Misconduct in Medical, Psychiatric and non medical settings.

My work has been recognized by the American Psychiatric Association, where I was elected Distinguished Life Fellow and by the American College of Psychiatrists where I was elected Fellow. I am also the recipient of other honors as noted in my CV

I am a licensed medical doctor in the State of California. I am an Honorary Clinical Professor of Psychiatry at UCLA and certified by the American Board of Neurology and Psychiatry in both Psychiatry and Child & Adolescent Psychiatry. Since 1970, I have been in full-time solo private practice in Santa Monica, California specializing in adult, child and adolescent psychiatry. I am a specialist in psychotherapy and in combined psychopharmacology with psychotherapy/psychoanalysis.

In addition to my full-time clinical practice, I have been professionally active as a forensic psychiatrist as follows: Starting in 1978, I have been involved in the practice of forensic psychiatry as follows:

1) I am an expert consultant for both medical institutions such as Kaiser Permanente and several of the California licensing boards including the Medical Board of California and the Osteopathic Medical Board. While I have specific expertise in the area of Sexual Misconduct/Harassment I also conduct evaluations of physicians both as to their psychiatric/medical status and fitness for practice and conduct psychiatric peer review of psychiatrists actual clinical practice.

2) I have been involved in psychiatric education & peer review since the 1970's as a reviewer in the American Psychiatric Association's Peer Review program. Starting in the 1980's and continuously till 2007, I have been an expert peer reviewer in the Medicare program in California. In addition, since the 1980's, I have been working for my medical malpractice insurance: CAP-MPT in a number of ways. First, serving continuously as a member of the CAP-MPT Loss Prevention Education Committee where I have been involved in developing programs for the prevention of malpractice and for improving the quality of medical care rendered by all of CAP member physicians and specifically for psychiatrists. 3) I am serving both as the Chair of Peer Review for Psychiatry and as a psychiatric expert reviewer/consultant in psychiatric malpractice cases handled by CAP-MPT.

My work in ethics and in forensic psychiatry started in the late 1970s when as the Chair of the Southern California Psychiatric Society I confronted the problem of sexual misconduct by holding the first in the nation "due process ethics hearings," with the able assistance of the then attorneys of our society Dan Belin & Daniel Willick. I chaired the APA Ethics Subcommittee on the Education of Psychiatrists on Ethical Issues and developed the APA educational video on REPORTING ETHICAL CONCERNS to educate psychiatrists on the problems of dealing with patients who had been sexually involved with their therapist in their prior treatment. In 1987 I served on the California Senate Task Force on Psychotherapist Patient Sexual Involvement where I advocated for patient education and helped draft both the new regulations of the Business & Professions Code on the issue of sexual involvement with patients and the consumer bulletin on "THERAPY NEVER INVOLVES SEX," which in CA is mandated by statute to be given to patients who have been sexually involved with their therapists. Since 1987 I have testified as a psychiatric expert for both on the plaintiff and the defense side in numerous psychiatric malpractice cases not connected with my malpractice insurance. I have served as a psychiatric expert in a limited number of criminal cases primarily involving adolescents and in several divorce and child custody cases as well as in numerous sexual misconduct and sexual harassment civil cases. In the last 10-15 years I have served as an expert in many malpractice cases involving psychiatric treatment, psychopharmacology with or without psychotherapy or psychoanalysis.

Dr. Maria T Lymberis MD – 1500 Montana Ave #201, Santa Monica, CA 90403

310-451-3152 – www.lymberis.com